



Uganda Counseling and Support Services

Board Report
Spring 2023

hope for Uganda



Bringing Hope....



UCSS employs a holistic approach to developing vulnerable and underserved communities, including access to clean water, medical care, education, economic development training, life skills training, counseling services, and spiritual growth. We have learned that the holistic approach, where all the UCSS departments work in unison and partnership with other ministries, significantly empowers and transforms community members.



Vision

Holistically transformed and self-sustaining model communities, vibrantly experiencing and spreading God's love.



Mission

To improve the quality of life and spread God's love to people in communities by providing social services, counseling, and spiritual development- one community at a time.



Values

Christ-Centered, Sustainable, Community Involved, Continuously Learning, Holistic, Grateful

Uganda Counseling and Support Services is a non-profit organization committed to improving the quality of life for rural communities in Uganda by spreading God's love and restoring the dignity of vulnerable people. We are bringing social services such as clean water, medical care, education, evangelism, counseling, agriculture, and economic empowerment to transform the lives of those in need.

We strongly believe in empowering future generations and communities to break the cycle of poverty and build a brighter, more sustainable future. Our programs promote community development and encourage local ownership and stakeholder involvement, allowing communities to take charge of their own progress. Our ultimate goal is to build a better, more equitable future for all, and we are committed to achieving this through our various initiatives.

Thanks for your prayers and support towards this powerful cause, which has enabled us to impact thousands of lives across Uganda. Over the last period, we have seen an increase in health where over 7,000 people received medical attention and more than 1,500 patients received monthly counseling. Our evangelism ministry has planted seventeen churches, trained many more disciples, and witnessed 1,557 people accept Christ.





We are growing and increasing sustainability through the agriculture department as they trained 3,231 community farmers on modern farming practices, helping secure the economic future of the local communities. These activities have led to 46,321 trees being planted, aiding in reforestation efforts and sustainable living. Seventy-three community groups are gaining entrepreneurship skills, which empower people to become self-sufficient and contribute to their communities.



By providing practical support and sharing the love of Jesus Christ, we can help these communities thrive and become self-sufficient. None of this would be possible without like-minded people such as you, joining their hearts to this ministry to make lasting change – to transform Uganda one village at a time.

We are grateful for all the ways you have given to help bring hope through Evangelism, Clean Water, Counseling, Education, Economic Development, Agriculture, and Medical Care this year.



Our future direction as a ministry continues to focus on spreading God's love and extending our services to more needy communities and sustainable growth through mentorship, capacity building, establishment of a microfinance, and electricity for our people.



Evangelism

UCSS is committed to improving the quality of life and spreading God's love to people all over Uganda, and one of the ways this is possible is through evangelism. Lives are being transformed through the sharing the love of Jesus Christ, helping individuals to understand and accept the message of salvation. We model our vision to vibrantly experience and spread God's love to different people and communities.

WE WERE ABLE TO REACH, IMPACT, AND DISCIPLE 611 PEOPLE.

The Evangelism, Discipleship, and Fellowship Program has been a vital part of this success, as we understand that evangelism alone is not enough to impact individuals and communities truly.

WE HAVE BEEN ABLE TO WIN 974 SOULS TO CHRIST.

This is a significant achievement that demonstrates the impact and efficacy of our programs. We will continue to play a vital role in helping individuals find spiritual fulfillment and connect with God.

THE HELPING MINISTRY HAS REACHED OVER 1000 PEOPLE IN NEED...

Providing them with food, shelter, clothing, and other necessities and has been a vital component in our efforts to serve and assist those in need, and we will continue to expand our helping ministry in the years to come.

With Your Help We Can...

- Offer leadership classes and premarital training
- Acquire transportation means
- Purchase more land to establish permanent church structures
- Build Sunday school structures for children
- Construct additional permanent structures
- Plant additional churches
- Build youth fellowships

We witnessed 4,834 people attend church services

Many community members attend one of the seventeen churches. It is wonderful to witness believers coming together to praise God, study the Bible, and fellowship with one another.





Medical Care

Nana Health Center has emerged as an epicenter of sustainable solutions to community health challenges bringing forth innovative solutions, treating diseases, and raising health awareness. This has led to thriving communities with an awakened desire to live healthier lives. These two points are even more active than before with even better use of the available tricycle ambulance.

MANY COMMUNITIES LACK ACCESS TO MEDICAL CARE OR FACILITIES.

But 2,829 patients are receiving medical services from both Nana Health Center and Buluya Dispensary.

THE NEW CENTRIFUGE ENABLES US TO MAKE PROPER DIAGNOSES AND TREATMENTS.

We also received funds to help us increase community awareness and get personal protection equipment (PPE), triage tents, a canteen, and additional solar panels at Nana's Health Center.

WE CURRENTLY HAVE NINE PEOPLE ON STAFF AT NANA

We were able to recruit new staff (laboratory assistants, enrolled nurses, and volunteer midwives), which has enabled us to reach more people in the community.

With Your Help We Can...

- Improve maternal and child health services
- Enhance power
- Register Buluya Dispensary
- Upgrade the Health Center Level of NANA
- Purchase a refrigerator to store blood
- Register the Buluya Clinic and the laboratory
- Build an incinerator
- Purchase a Medicine Cabin
- Construct female and male ward
- Expand the facility

We hosted a mass polio vaccination campaign

Our health workers reached four villages, Bulike A and B, Bukoobo, and Kawanga. More than 1000 children (under 5 years of age) were immunized against polio.

New partnership aid the community.

The District Health Officer and Chief Administrative Officer of Kamuli District signed a Memorandum of Understanding with the medical centers, signifying a strong partnership.





Counseling

Mental health is as important as physical health. As the counseling department, we pride ourselves on ensuring that the body, mind, soul, and relationships are all well cared for. We do this through a holistic counseling approach. Counseling covers over 22 communities in Bulike, Buluya, and Buyende and is done through home visits, at primary, secondary, and vocational schools, and in churches.

700 PEOPLE ARE BEING COUNSELED MONTHLY

On average, the counseling department provides counseling for 700 clients each month, and we now offer services in eleven villages.

WE ARE REACHING NEW COMMUNITIES!

The department led several events such as counseling with local counsel leadership at Busuleta A zone local leadership of Buluya- Bulawa Ic1, NANAs Health Center, to reach out to more communities.

WE ARE TRAINING, GROWING, AND LEADING!

Four capacity building trainings on parenting, communication barriers in counseling, leadership classes, Code of Ethics for Counselors, and sustainability were held.

With Your Help We Can...

- Begin online counseling
- Collaborate with other like-minded agencies and increases in staffing
- Invest in transportation methods for our grassroots MHFs
- Continue training seasoned MHFs for capacity building
- Recruit new MHFs from Liberty and churches
- Create counseling visibility through department activities and collaborative engagements
- Monitor MHFs quality of service delivery, mentoring support, and professional supervision

Change Story

Meet Isaac (not his real name), a student from our Community-Based Schools. He had dropped out of school at the hands of a stepmother who had convinced the boy's father not to pay fees but rather engage him as a shamba boy (gardener) at home.

A village child protection unit whistleblower alerted the resident Mental Health Facilitator (MHF), who reached out to the father. In response to the concerns raised, the father asserted that the boy's stepmom had frustrated all attempts to keep the boy at school,

adding that the situation has worsened because he (the father) does not stay at home all the time.

Following the counseling session, the boy was admitted to a boarding school away from home, where he could focus on his education.





Education

We believe that education is a gift from God and is essential for the spiritual, emotional, and intellectual growth of individuals. We understand that education is not just about acquiring knowledge and skills but also about discovering and developing one's God-given talents and abilities. We believe education should be holistic, encompassing a person's physical, emotional, social, and spiritual dimensions.

OUR SCHOOLS ARE GROWING!

We have 511 students at Bulike Christian Community Primary School (BCCPS), 342 students at Nakalama Christian Community Primary School (NCCPS), and 173 students at Liberty Christian Community High School (LCCHS).

WHEN EDUCATION PRODUCES EDUCATORS...

One young lady who attended UCSS schools is now a teacher at our new Nakalama school. In fact, many children who started their education with us around age seven are now in their teens, and we are plugging them into different departments for training to become part of the team.

STUDENTS AND STAFF ARE GETTING COUNSELING

We have strengthened counseling sessions for students and staff at the school. Counselors are helping give people the skills and habits essential for health, employment, personal development, and self-sufficiency.



STUDENTS PERFORMED VERY WELL ON EXAMS

We were able to finish the year successfully with 46 children sitting for their Primary Leaving Examinations and 32 students successfully completing Senior Four National Examinations.



Bulike Christian
Community Primary
School

SELF-SUSTAINABILITY PROJECTS ARE ONGOING!

We established farms where students and staff participate in crop production to supplement school meals. Many parents learned how to use the school pay system, which has made the payments of school fees easier.



Liberty Christian
Community High
School

PROJECTS CONTINUE, AND STUDENTS ARE BOARDING!

We have several construction projects going on including the Primary Girl's Dormitory, which is nearly complete and perimeter fence and Girl's Dormitory projects at LCCHS which are fully complete. Speaking of dorms, our boarding school is currently housing 200 students!



Nakalama Christian
Community Primary
School

With Your Help We Can...

- Provide additional training opportunities for staff
- Recruit more teachers at Nakalama
- Gain Transportation Solutions
- Engage parents and the community in school matters and participation
- Construct staff housing, the boys' dormitory, and new classrooms
- Purchase laboratory equipment, desks, additional mattresses, and beds for the school
- Boost power supply
- Construct a library and lab at the high school

Our students are learning life skills.

Primary students are learning skills like arts and crafts, and gardening. High school students are gaining skills such as making charcoal stoves and baskets. Students also learn through play and our high school co-curricular activities (MDD, Games and Sports, Debate, Bible studies, and Counseling) are being done weekly. The skills from specialized activities help students develop practical skills and knowledge essential for employment, personal development, and self-sufficiency.





Clean Water

Water is vital in ensuring equitable, sustainable, and productive rural economies. We have remained steadfast and dedicated to providing safe, high-quality, reliable, and sustainable water supply to meet our communities, surrounding areas, and partners' present and future needs in an environmentally sensitive and economically responsible manner.

WE WERE ABLE TO HIRE A PLUMBER.

Our teams visited 15 communities and inspected the well. We inspected the functional wells and made plans to service those not working.

THE WELLS ARE IN GOOD SHAPE!

We were able to sensitize over 28 water wells, build 19 fences and 12 septic pits, and plant pass-plum grass across the 20 wells.

NEW EQUIPMENT MAKES IT FASTER AND EASIER TO DRILL NEW WELLS.

We received the drilling equipment to enable us to drill more water wells and enhance food production in the community.

With Your Help We Can...

- Sensitize communities to open up water well-drilling accounts
- Improve the work capacity of the drilling team.
- Identify more partners in the drilling ministry.
- Identify spare parts and service providers for broken machinery.
- Upgrade the drilling equipment so that water wells can be constructed faster.





Agriculture

When the community comes together to improve the agricultural environment, results improve not only the quality of life, but also the mindset which then promotes positive attitudes towards maintaining the sustainability of the land. Our trees, crops, and nurseries are showing the "fruits" of our labors by providing both food and income for families while also creating a cleaner, healthier environment.

TRAINERS CONDUCTED 60 OUTREACHES

1,144 families were trained in modern farming. As a result, twelve new groups were formed to begin farming together and their agriculture businesses are leading to sustainability and stable incomes.

WE ARE MAKING LOTS OF CONNECTIONS.

In partnership with Innovation Africa, we improved the irrigation system for production on James's farm. Through our partnership with Integrated Seed Sector Development (ISSD), we have improved the skills and knowledge of modern farming practices of our Farmers.

FARMING PROJECTS CONTINUE TO GROW

We purchased two crossbred cattle to improve the breeds and boost milk production at the farm, and five piglets to increase sustainability. Two community members of Nakalama and Nawaikoke received two cows and five goats to begin livestock farming.

With Your Help We Can...

- Sponsor a tree planting campaign to continue to boost conservation in areas affected by deforestation
- Establish model farms for coffee farming specialization
- Establish dairy farming to increase milk production and source of income
- Install new irrigation systems on the farms to help fight droughts and increase produce yields
- Establish piggery farming for training purposes and increase the source of income
- Found a beekeeping project to add to department sustainability
- Build a juice processing plant and a timber processing plant
- Upgrade our security systems to minimize theft
- Drill wells on farms to extend sources of water
- Continue training community farmers in modern farming

WATER WELLS ON SITE HELP FARMS

One water well was successfully established at Mwangha Farm to provide water for the animals at the farm.



Economic Development

UCSS economic groups are providing dignity and worth to so many by allowing them to work and provide for their families. From tailoring, to jewelry-making, to raising animals, UCSS families are catching the spirit of entrepreneurship and becoming empowered to be self-sustaining communities.



THE VOCATIONAL INSTITUTE IS EXPANDING

We currently have 24 students enrolled. Two instructors were added to the team to improve and increase the range of skills being given, and once finished with the program, students take part in a graduation ceremony.

WE HAVE ADDED ADDITIONAL VOCATIONAL SKILLS

Recently, we held two crop husbandry and poultry management training sessions to equip members with modernized Poultry Management Skills and techniques and we were able to start the training and production of school uniforms.

THERE ARE 73 ECONOMIC GROUPS

These groups are actively saving and participating in SACCO activities and we have an average of 100 people attending financial literacy sessions monthly.

With Your Help We Can...

- Expand the uniform-making project.
- Construct classrooms for students
- Construct hostels for students
- Hire more instructors
- Introduce more skills
- Register the vocation
- Start the sweater-making project.
- Do more exposure visits to model partners.
- Start household projects management training.
- Engage in more financial literacy sessions.





Student Ambassadorship

UCSS empowers the communities by raising Student Ambassadors who serve as role models and leaders and promote the organization's values and mission to a broader audience. We successfully organized and effected the children/youth holiday program engaging children in hands-on skills, mental health, taking part in church-related activities, holiday coaching.

CHURCHES ARE HELPING CLOTHE BABIES AT NANA

We also participated in community outreach at Ntaagirwa, where we voluntarily cleaned the homes of the elderly and gave out basic needs like sugar, soap, and salt to three elderly - all through children's contributions towards the program.

LEADERS ARE READY TO SHARE GOD'S LOVE

We thank God that through the leadership transformation, one student in the sponsorship program completed theology from Glad Tidings Bible College. She is ready to continue to serve God through preaching the gospel in teaching the word.

FARMING PROJECTS CONTINUE TO GROW

74 Children at Bulike Christian Community Primary School received school shoes and nursery children at Nabisiki, Nakalama received 35 pairs of canvas shoes through resource mobilization and the love from our partners. Pens, pencils, textbooks were distributed to all our sister schools.

With Your Help We Can...

- Continue updating the student's data in a central database and updated information on individual students in different environments
- Mobilize resources and partnerships in the department
- Continue mobilizing beneficiaries and former ambassadors to form an alumni platform
- Kickstart baking classes
- Continue with the book-making sessions for students
- Search for more regional sponsors



Community and Committee Engagement

The Sacco Committee was credited 10M to support and provide a range of financial services, including savings and loan products, to its members at a reduced interest rate to promote economic development and financial inclusion in communities.



With Your Help We Can...

- Hire a full-time radio presenter.
- Build more community networks and partnerships.

FAMILIES ARE RECEIVING HELP

We provided 96 vulnerable families with salt, soap, and food items.

THE WORD IS GETTING OUT

The community radios are up and running.

OUR INSURANCE PLANS ARE HELPING THE COMMUNITY

We enrolled 52 committee members in the medical insurance plan at Nana.

STUDENTS ARE DOING OUTREACH

Bulike Primary School had 62 students who were mobilized and participated in the cleaned Ntayigirwa Trading Center.

Talents Promotion

CHANGE STORY

One of the coaches converted to Christianity and accepted Christ as his Lord and Savior as a result of the tournament we held. He confessed that Christianity is the best thing that has ever happened to his life and never regrets the decision he made. He is currently serving as a UCSS coach to our youth teams.



With Your Help We Can...

- Organize an Easter cup tournament in the community.
- Hold music, dance, and drama competitions within the UCSS churches and community.
- Hold Inter-departmental games

CLUBS ARE ENGAGING THE YOUTH AND THE COMMUNITY!

We created and are actively running eight clubs to help youth and the general community develop their skills through these and participation in talent promotion activities, 54 souls were won to Christ.

SPORTS BRING PEOPLE TOGETHER

We had 20 teams participate in our successful Christmas tournament which had over 2500 people attending. A trophy was given to the winning team of the tournament!

Thank You!



Thank you for reading about UCSS and the ways partners like you can help transform Uganda for generations to come.



Your donations make all this possible!

*Click here or
scan to donate*

Whether you choose to sponsor a student, build a new well,
or give to our general fund to keep UCSS strong, you will be
changing many lives.

